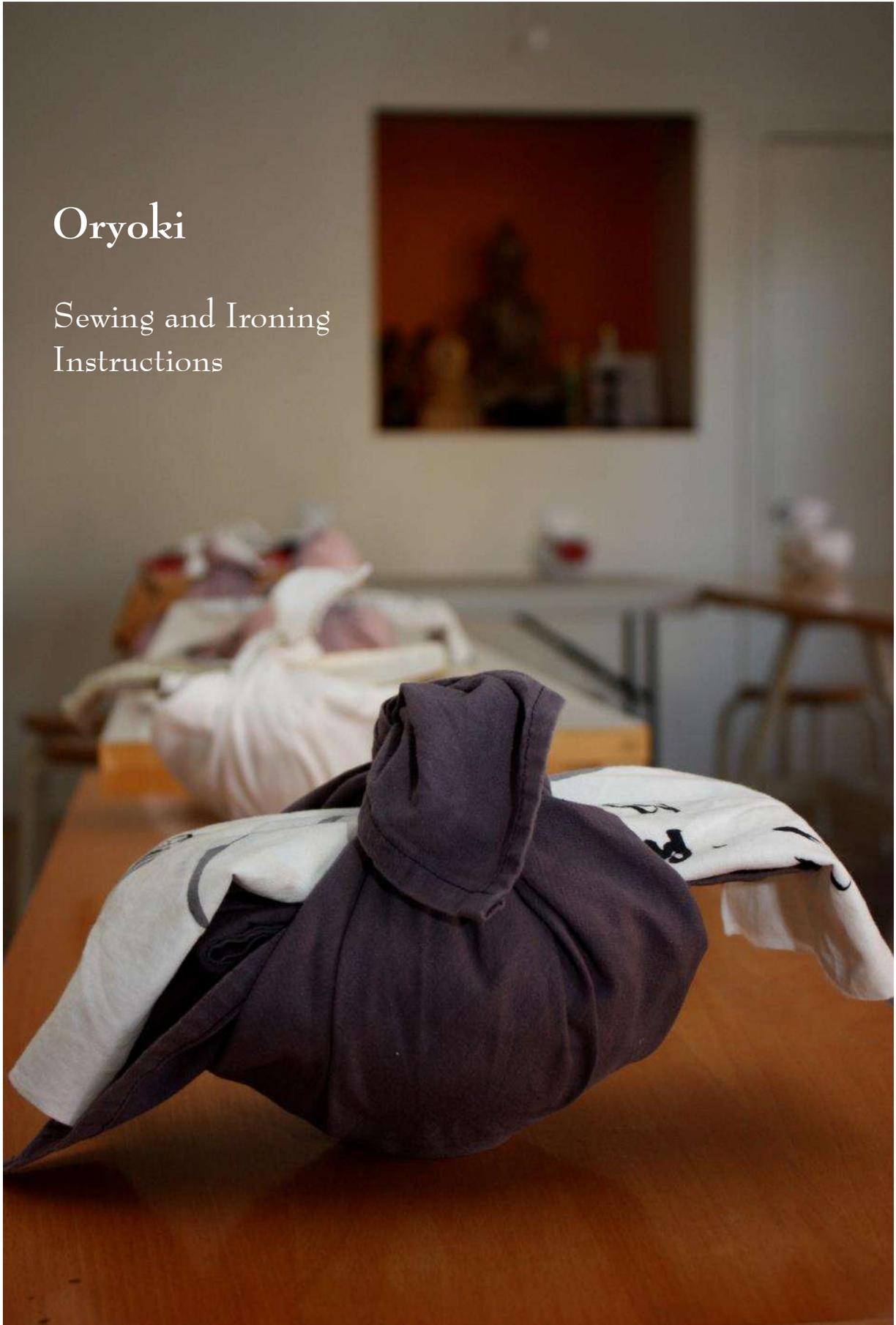


Oryoki

Sewing and Ironing
Instructions



The Oryoki Set

The last piece that will be given during a priest ordination ceremony is the Buddha Bowl. As you surely know, this sacred bowl comes with a set of smaller bowls and the utensils. If you have your own, it is usually wrapped and stored in or on your altar or in a safe, clean space, until you need it for the formal meals, Oryoki.

In the Wild Flower Sangha, there are no priest, but we all have an own or a borrowed Oryoki set for breakfast and lunch meals, and we treat our set in a same respectful manner as it is handed down since generations of practitioners, lay and priest.

If you wish to sew your own set of cloth for your bowls, here are the sewing instructions and the ironing instructions for the set.

The cloth of the set is comprised of four pieces:

- The wrapping cloth,
- The napkin
- The utensil holder
- The drying cloth

You can use a piece of regular cotton or a cotton/polyester mix. It can be white or light grey. If you dyed fabric for your Rakusu, you can also dye additional fabric for your oryoki set.

The **wrapping cloth** is a square of 54 x 54 cm. Cut 60 x 60cm and sew (with a machine or by hand) a 1.5cm double hem all around.

The **napkin** is a rectangle of 36 x 75cm. Cut 42 x 81cm and sew a 1.5cm double hem all around.

The **drying cloth** is traditionally a cheap cotton cloth, often with calligraphy on it. You can use any kind of table cloth (cotton). The size that comes from Japan is often a square of 33 - 38cm. With Japanese cloth, two edges will stay open and frazzle by time.

The traditional utensil holder

The traditional utensil holder is a bit more complex to sew, so I will guide you through the process

1. Cut two rectangles:
 - From a white cloth: 13x56cm
 - From the light grey or dyed fabric: 10.5 x 53.5cm

(See Fig. 1.)

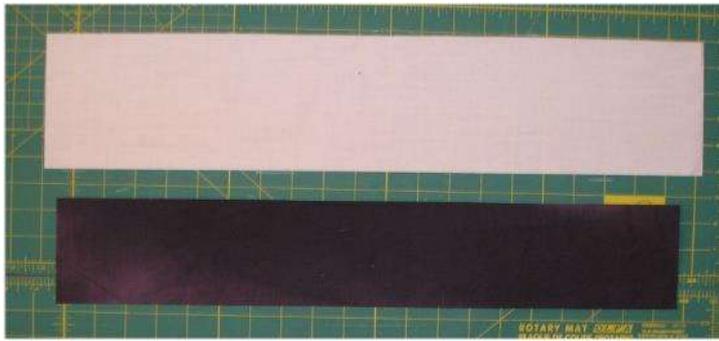


Fig. 1

2. Put the dyed fabric in the center of the white one and pin the two layers together. (See Fig. 2.)

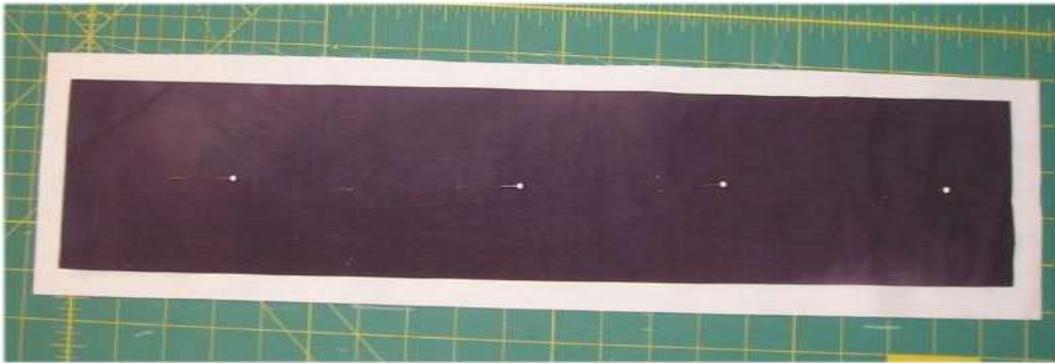


Fig. 2

3. Iron the edge of the white fabric half way in, so the raw edges of the white and the dyed fabric meet. (See Fig 3.)

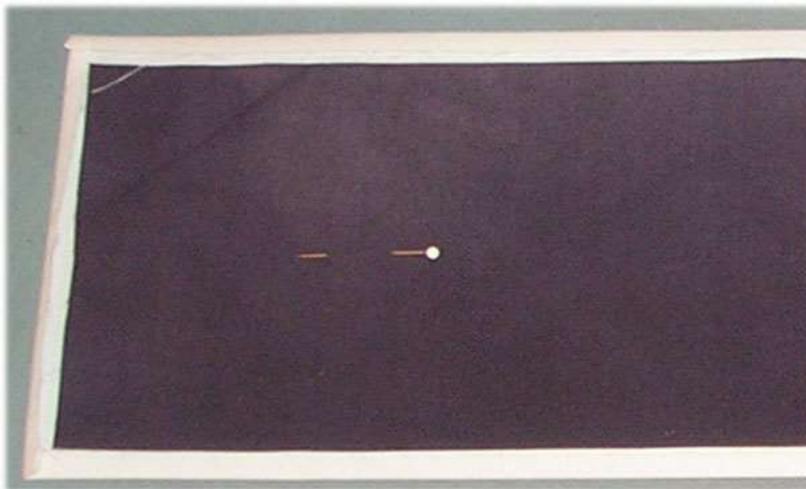


Fig. 3

4. Fold edges in one more time, so you have a double hem. Pin it down. (See Fig. 4.)



Fig. 4



Fig 5

5. Sew with a machine along the hem, all around the square. (See Fig.5.)

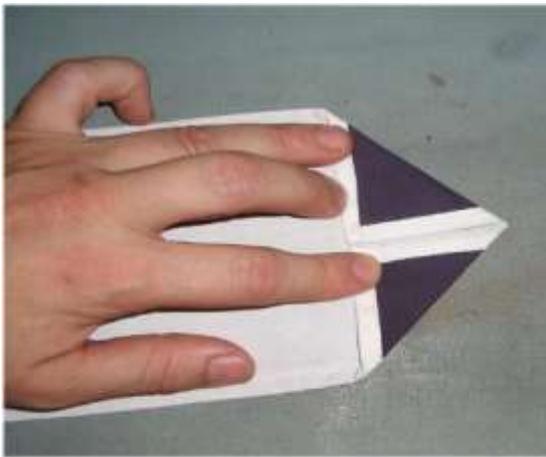


Fig. 6

6. Fold two corners of one end, so the edges meet and a triangle appears. Iron it down. (See Fig 6.)

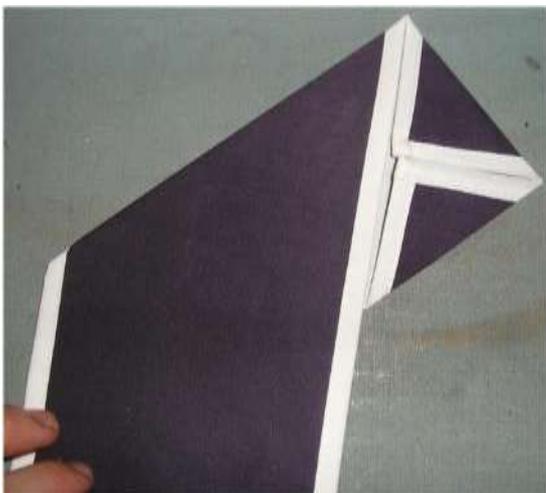


Fig. 7

7. Like a spiral, circle the fabric around itself till the end. You might need to adjust the ironing a bit, until the triangle of the other end sits in the center. Iron it down and pin it. (See Fig. 7 and 8.)



Fig. 8

8. With a tight blind stitch (see instructions at the end), sew the two edges together, following the complete spiral.



Fig. 9



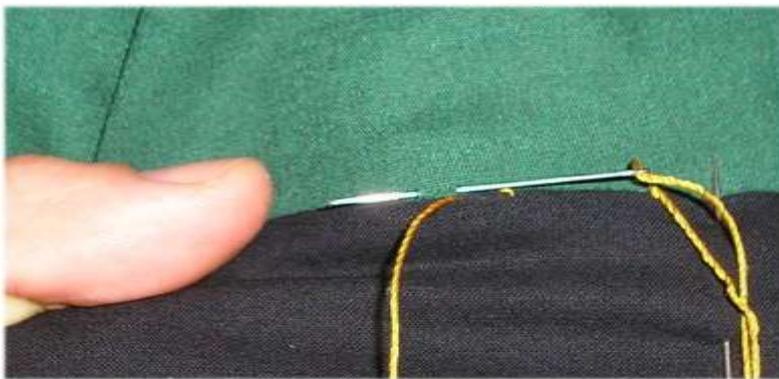
Fig. 10



The Blindstitch



1. Come up from the wrong side of the fabric close to the edge of the layers you want to sew together.



2. Exactly across from where you came out, stitch in and along the edge of the other fabric, coming out ¼ inch further.



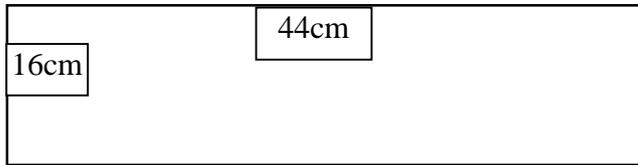
3. Exactly across from where you came out, stitch in again and sew along like this for 3 – 4 stitches.

Then pull the thread till the stitches are unseen.

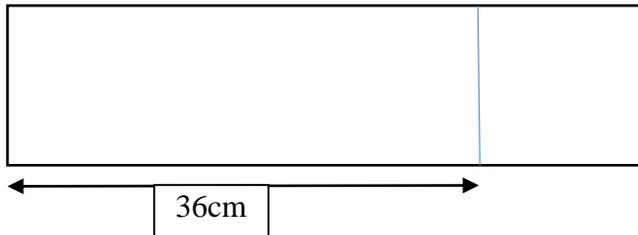
An “easy” utensil holder

(sorry, I never made pictures ☹)

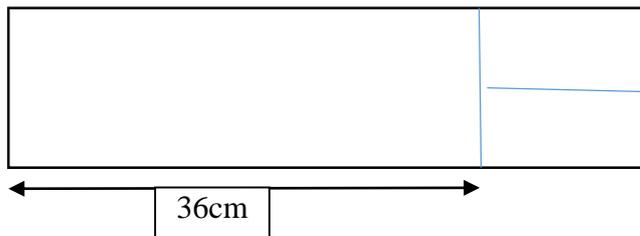
1. Cut from a white piece of cloth 44x16 cm



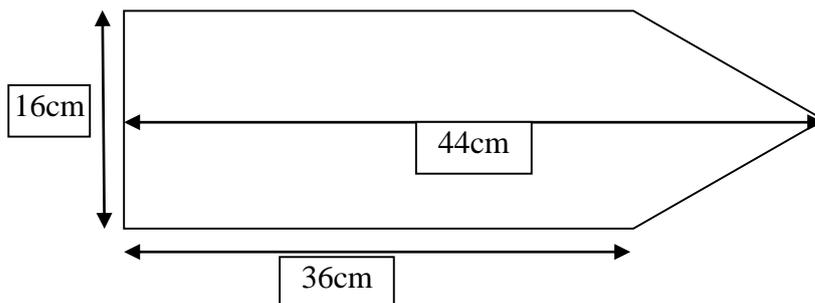
2. Mark 36 cm from the bottom



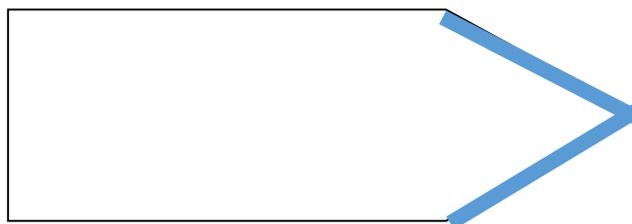
3. Mark the half lengthwise at the top



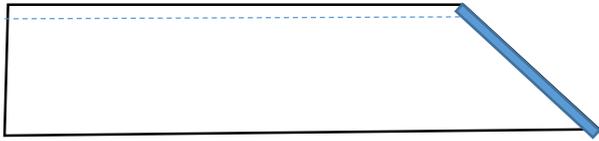
4. Mark and cut that triangle, so it looks like this



5. Sew a small, double ham along the triangle



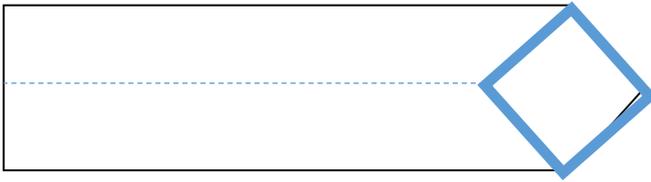
6. Fold lengthwise in a half, so that the ham faces out, then sew a ham of max. 0.3-0.5cm along the marked line



7. Turn it inside out and sew around and sew along the same ham around 0.5 – 0.7cm



8. Turn it inside out again, but so, that the ham is in the middle and there is a peak



9. Last ham, I promise 😊
Sew at the bottom a line of around 1 cm



10. Turn it inside out, and then it is done

Enjoy your utensil holder!

And if you have questions, contact me at eketterer@brunnehofzendo.ch

How to Iron your Napkin Correctly

Please follow the pictures exactly. That will be the easiest way if you never have ironed your napkin before.



1. Facing the wrong side of the fabric, grasp the left corners and fold half.

Fig. 11



2. Iron it down.

Fig. 12



3. Fold in three, so the far corner is on top at the end. Iron.

Fig. 13



4. Fold in half, bringing the left end on top of the right. Iron.

Fig. 14



5. When you later put it on top of your bowls the two open edges are in the far left corner.

Fig. 15